



PROFILE

Jenna has been working in PALMS since 2014 and has watched the team grow from a small service of around 8 clinicians to now being a team of near 40 professionals. The service has grown to help meet demand but also from recognition of the strong outcomes being achieved. As part of this service evolution, PALMS developed a group intervention model to better meet the needs of families and to help reduce waiting times in accessing the service. The PBS Group has proven to be a highly effective intervention and has helped to disseminate PBS across the county.

JENNA BARTLEY,

PALMS PBS GROUP- AN INNOVATIVE APPROACH TO USING PBS IN THE NHS

Referral rates for PALMS outweigh the commissioned capacity and innovative approaches to delivering intervention needed to be created. PBS is a central model to the PALMS way of working and many families who access the service have a PBS intervention at some stage. The PALMS PBS Group is a group intervention attended by parents/carers to gain knowledge of PBS and create their own tailored Behaviour Support Plans to target difficulties experienced. The group was started in 2016 to help meet the growing needs and demands of the service whilst still providing an effective intervention rooted in evidence-based PBS approaches.

This session will look at the creation of the group, the format in which it is delivered and the challenges and dilemma's faced by the team as the group pathway has expanded, since the pilot in 2016.
